

Syllabus for Developing as a Leader

Course #94-854/94-454 (6 units), Fall Mini 1 Tuesday 6:30-9:20 (EST)

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1. Course Description

This course introduces students to leadership via three learning frameworks: models, practice and reflection. Using guest lectures, readings and videos, and small group discussions, we will define leadership and provide applicable frameworks for leadership practice. Students will be able to experiment and practice different skills and styles in a safe environment where they can receive useful feedback. To help students pursue their own personal path of leadership development, the focus is on formulating personal goals, models and activities that sustain this development over the course of their careers.

2. Course Objectives

Learning Objective	How Assessed
Apply tools for effective reflection and self-awareness	Class participation and papers
Develop and analyze your leadership values and your	Class participation and papers
leadership plan of action	
Synthesize and appropriately incorporate the advice	Class participation and papers
and ideas of others	

3. Course Materials

All materials are listed in the 'Class Schedule' section of this syllabus.

4. Expectations

This course requires significant reading and writing. It is expected that everyone will come to class prepared to discuss the readings, that everyone will have answered the study questions. You are encouraged to discuss reading material before class in a study group with other members of the class.

My goal is to make this an excellent learning experience for you. If at any time you feel that the course is not meeting your expectations, PLEASE CONTACT ME. If you would prefer, please feel free to speak with the Associate Deans, Jackie Speedy or Andy Wasser.

Be respectful of others: arrive to class on time; do not return late from break; if you must leave class early, please let me know beforehand.

5. Evaluation/Grading

All assignments and class participation are graded on a point scale as outlined below. The maximum points one can achieve for the entire semester is 300. Final course grades will be assigned as follows:

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Letter Grade	Point Range
A +	295-300
A	282-294.5
A-	273-281.5
B +	264-272.5
В	252-263.5
В-	243-251.5
C+	234-242.5
C	222-233.5
C-	213-221.5
R - Fail	Below 213

A) Class participation -20% of course grade for a maximum of 60 points. Each student begins the semester with 50 points. Points are added or subtracted from the 50 according to the following:

- 0-10 points are added for class participation as evaluated over the course of the semester by the professor. Everyone is encouraged and expected to participate in class discussions and activities. Sharing your own knowledge and experience benefits the entire class. Constructive contribution to the class discussion and genuine listening to others is an important element of class participation. Keep in mind that high quality participation is the goal, not high quantity of comments. In other words, it's not how much you talk, it's what you say that is important.
- Attendance is taken in all classes, including the first class. If you are absent from class, 10 points are deducted from your participation score. However, if you need to miss a class, please e-mail me with as much advance notice as possible and state the reason for missing class; if the reason is a valid excuse for missing the class, 10 points will not be deducted.
- There is a penalty for excessive absences. If you miss two classes, 30 points will be deducted from your final course grade. If you miss three classes, 45 points will be deducted from your final course grade. If you four or more classes, 60 points will be deducted from your final course grade. Additionally, if you are more than a few minutes late arriving to a class, 4 points will be deducted from your class participation score. Clearly, your attendance in class is valued.

B) Self-Reflection Journal – 40% of the course grade; there are five Journal entries, each worth 24 points maximum for a total of 120 points. A journal entry is not so much a record of what you have read, i.e. it is not a book report. Instead, it contains what you have learned and critically reflected on. It is unique to you and what you write is neither right nor wrong.

The recommended length for each journal entry is 800-1000 words. If your journal entry is much less than 800 words, you might not be thorough enough; if it is much more than 1000 words, you might be verbose. HOWEVER, the recommended length is just that, a recommendation. If you really want to write 2000 words, that is absolutely fine! After all, these are your introspections and I do not wish to create hard-and-fast, artificial limits. Please submit all papers in Microsoft Word, double-spaced, preferably 'Times New Roman' font.

The Self-Reflection Journal entries are listed in the 'Course Schedule' section of this syllabus. Please submit your entries via Canvas. Only the professor can see your personal Self-Reflection Journal entries, i.e. other students cannot see them.

Grading rubric for Self-Reflection Journal entries

- 1. Completeness and depth of answers and reflections. The paper answers the assigned question.
- 2. The paper probes, reflects, interprets and concludes. The paper doesn't simply restate something that happened to you.
- 3. Refers to course reading/video materials and class discussions.

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- 4. 1-3 points are deducted for each of the following:
 - Writing does not stay focused on its core points and/or lacks any particular point of focus.
 - Response is too short and does not include enough detail.
 - An assertion is made but not defended nor elaborated on; if you make an assertion/decision, you
 must defend it.
 - Excessive poor grammar, run on sentences, etc.
 - Missing/improper footnoting. You are required to footnote all sources, including any assigned articles and case studies. The recommended form of footnoting is the Chicago Manual of Style. This website clearly describes this method:
 - https://owl.purdue.edu/owl/research_and_citation/chicago_manual_17th_edition/cmos_formatting_a nd_style_guide/general_format.html
- 5. Journal entries submitted late receive a 3-point deduction. Journal entries submitted seven or more days late receive an additional 2-point deduction.

C) Final Paper – 40% of course grade for a maximum of 120 points maximum. This paper is a reflection on where you are as a leader and a plan for how you will develop as a leader. Please address the following four issues:

- 1. How you want to perform as a leader. What will be your values? What outcomes do you expect?
- 2. Your strengths, including what you learned from both the Reflective Best Self (RBS) exercise and your Leadership Project detailed instructions for both the RBS and the Leadership Project are on the next page of this syllabus.
- 3. Your development goals what you need to work on to perform better as a leader.
- 4. Your leadership action plan what you will do to realize your leadership development goals. Your plan should be both actionable and realistic; and it should be something you are excited about carrying out. Please be specific. Describe specifically what will you do in the next few years to practice and improve your leadership abilities.

NOTE: many students find it easiest to write the paper in sections, one section for each of the four bullet points above.

Your paper must include the following:

- 1. A summary of the feedback from your Reflective Best Self (RBS) exercise. List the respondents to the RBS their title and how you know them is fine; for example, "My boss at XYZ corporation" or "My team leader on a class project at my university". The complete, detailed responses you receive from the RBS exercise need not be included in the final paper; but if you would like to include the complete responses, feel free to add them as an appendix, which will NOT be counted toward the paper's word count.
- 2. What you practiced in your "Leadership Project".

The recommended length of the paper is 1800-2300 words. If your final paper is much less than 1800 words, you might not be thorough enough; if it is much more than 2300 words, you might be verbose. HOWEVER, the recommended length is just that, a recommendation. If you really want to write 2700 words, that is absolutely fine! After all, these are your introspections and I do not wish to create hard-and-fast, artificial limits. Please submit all papers in Microsoft Word. All references must be cited and footnoted. Grading rubric for Final Paper:

- 1. Completeness and depth of answers and reflections. The paper addresses all four issues detailed above.
- 2. The paper probes, reflects, interprets and concludes. The paper doesn't simply restate something that happened to you.
- 3. Refers to course reading/video materials and class discussions.
- 4. 5-10 points are deducted for each of the following:
 - Writing does not stay focused on its core points and/or lacks any particular point of focus.
 - Response is too short and does not include enough detail.

- An assertion is made but not defended nor elaborated on; if you make an assertion/decision, you must defend it.
- Excessive poor grammar or spelling.
- Missing/improper footnoting. **You are required to footnote all sources, including any assigned articles and case studies.** The recommended form of footnoting is the Chicago Manual of Style. This website clearly describes this method: https://owl.purdue.edu/owl/research and citation/chicago manual 17th edition/cmos formatting a
 - https://owl.purdue.edu/owl/research_and_citation/chicago_manual_17th_edition/cmos_formatting_a nd_style_guide/general_format.html
- 5. The final paper must include a list of respondents to your Reflective Best Self exercise their title and how you know them is fine; for example, "My boss at XYZ corporation" or "My team leader on a class project at my university".
- 6. Final papers submitted late receive a 10-point deduction.

Reflected Best Self Exercise (RBS)

Some of the strengths you have as a leader already exist. To help you get useful feedback regarding your strengths, the RBS exercise provides a process through which you can get feedback from people who have seen you in action with others. Consider contacting people you have known in different parts of your life – your work experience, family, military, school, community, sports, etc. You will use the feedback you obtain to write a description of your behavior when you are at your best in the eyes of others. This description will provide a basis for reflection in class and will be included in your final paper. I recommend contacting five to seven people; then if some people don't respond, you will still receive three or four good responses.

Sample letter/e-mail to your key informants:

As part of the Leadership Development course I am taking at Heinz College, I am required to construct a profile regarding the ways I add value and make a contribution to others. I am contacting ten people who know me well. Can you please help me with this exercise? I am asking you to provide me with three stories of when I was at my best in the way I affected other people.

I appreciate your taking time to do this for me. This will require you to think about your interactions with me and to identify those incidents or behaviors when I was at my best in your eyes. Please be sure to provide examples so I can understand the situation and characteristics you are describing. In your feedback to me, please provide three examples of how I add value by completing the following statements:

- "One of the ways that you add value and make important contributions is . . ."
- "For example, I think of the time that . . ."

I have included some examples below of what these stories could look like. Please use this only as a guide: <u>Example #1</u>: One of the ways that you add value and make important contributions is: You get people to work together and give all they have to a task. For example, I think of the time we were doing the Alpha project. We were getting behind and stress was building. We started to close down and just focus on meeting the deadline. You noticed that we weren't doing our best work and asked the group to rethink our approach. You asked whether we wanted to just satisfy the requirements or do really good important work. I remember you reminded us of what we were capable of doing. No one else in the room thought to do this. As a result, we did meet the deadline but created something we all felt proud of, too.

<u>Example #2</u>: One of ways you add value and make important contributions is: Helping others focus on global issues. For example, I think of the time we were working on the strategic plan. You introduced information on trends in the European market. None of us had seen this information thought about any non-US implications. You kept pushing us to think in global terms.

Syllabus for Course #94-854/94-454 Revision Date: 8/21/23 Example #3: One of the ways you add value and make important contributions is: Your capacity to persist in the face of great difficulties. For example, I think of the time we had missed our deadline on the Cronbach report. Frank quit and Tim got sick. We were really short-handed. Instead of getting discouraged, you got more focused than I have ever seen anybody get. I think you went 48 hours without sleep. I was amazed that you could produce such a quality report under those conditions.

Thank you very much for your help!

Leadership Project

Learning by doing is an important aspect of developing your leadership competencies. During the course, you will undertake a personal leadership project in which you will intervene in a social situation to make a change using your leadership skills. This project of your own choosing will be an *intervention* you undertake to: a) improve the performance of a group; b) enhance the culture or climate of an organization, or; c) otherwise influence the behavior and attitudes of others by *using your leadership skills*. You must be able to complete – or at least make significant progress on – your project before the 'final paper' is due. Some sample leadership projects are:

- Setting clear expectations and improving the communication among team members on a systems or capstone project at Heinz College.
- Working with a group or team at your workplace to improve group dynamics and reach team targets more effectively and efficiently.
- Improve your living situation with roommates.
- Work with neighbors to address and resolve a common problem.
- Work with an athletic team or student group/club at Carnegie Mellon to achieve better results or achieve a common goal.

Include these elements of your Leadership Project in the course 'final paper':

- The target behaviors you wanted to introduce or change.
- The leadership interventions you initially attempted and their consequences.
- Modifications you made to your approach over time and their consequences.
- What you learned at the end of the "project" and what you might have done differently.

I strongly recommend keeping a journal during your leadership project to track your activities, ongoing results, and areas for improvement.

6. Written and Oral Communication Assistance -

For assistance with the written assignments and/or oral communication, please visit the Student Academic Success Center (SASC). SASC tutors can provide instruction on a range of communication topics and can help you improve your papers and presentations. The SASC is a free service open to all students. You can make tutoring appointments, sign up for workshops, and learn about other resources on their website at https://www.cmu.edu/student-success/programs/communication-support/index.html

7. Academic Statement

You are expected to attend class, be prepared for class and participate in the discussions. Written assignments are due on or before the due date. If you must miss a class, please notify me with as much advanced notice as possible; if you cannot talk with one of us directly, please leave a message on my voice mail or e-mail. For any class that you miss, you are responsible for obtaining the notes and related materials from another student.

Please let me know if you do not understand class material or requirements or if any special circumstance prevents you from completing a class requirement on time.

You are responsible to know and adhere to all University policies on academic integrity. The Heinz School provides a booklet on Plagiarism and Cheating and the University lists all policies on the web at www.cmu.edu/policies/documents/Cheating.html; please acquaint yourself with the contents. Any academic integrity violation will result in a score of '0' points for that assignment AND will result in either a reduced course grade or a failing course grade.

8. Student Wellness

Diminished mental health, including significant stress, mood changes, excessive worry, or problems with eating and/or sleeping can interfere with optimal academic performance. The source of symptoms might be strictly related to your course work; if so, please speak with me. However, problems with relationships, family worries, loss, or a personal struggle or crisis can also contribute to decreased academic performance. CMU provides mental health services to support the academic success of students. Counseling and Psychological Services (CaPS) offers free, confidential services to help you manage personal challenges. In the event I suspect you need additional support, I will express my concerns and the reasons for them, and remind you of campus resources (e.g., CaPS, Dean of Students, etc.) that might be helpful to you. It is not my intention to know the details of what might be bothering you, but simply to let you know I am concerned and that help, if needed, is available. Getting help is a smart and courageous thing to do --for yourself and for those who care about you.

9. Accommodations for Students with Disabilities

If you have a disability and have an accommodations letter from the Disability Resources office, I encourage you to discuss your accommodations and needs with me as early in the semester as possible. I will work with you to ensure that accommodations are provided as appropriate. If you suspect that you may have a disability and would benefit from accommodations but are not yet registered with the Office of Disability Resources, I encourage you to contact them at access@andrew.cmu.edu.

10. Recording academic classroom activities, lectures, etc.

Recordings of course sessions are provided solely for educational use by students enrolled in the course and may not be distributed to any other person or posted on the internet without the express written permission of the course instructor.

COURSE SCHEDULE

August 29 – Class #1

Topic: Course Introduction; Define 'Leadership'

Reading/Watching Assignment – to be read prior to class

- 1. Course Syllabus
- 2. "Developing as a Leader: The Power of Mindful Engagement" by Susan J. Ashford and D. Scott DeRue
- 3. An article on asking for advice vs. feedback at https://www.alumni.hbs.edu/stories/Pages/story- bulletin.aspx?num=7284
- 4. 'Why Incompetent People Often Think They're Actually the Best' at: https://www.vox.com/science-andhealth/2017/11/18/16670576/dunning-kruger-effect-video. You may watch the video and/or read the article.

Self-Reflection Journal Entry #1 is due prior to class:

- 1. What are your leadership strengths? Describe an example or examples that illustrate these strengths.
- 2. What are your greatest needs for development as a leader, i.e. which behaviors do you need to improve via practice and attention, and which behaviors do you need to alter or stop? Describe an example or examples that illustrate these development needs.
- 3. What could keep you from actively participating in the class discussions? What could cause you to NOT share your ideas and opinions in a classroom setting?
- 4. When in your life have you been especially reflective? What was the situation and what was the result? Why is reflection so important? What actions do you currently take that aid you in being reflective?
- 5. Provide a brief description of your 'Leadership Project' refer to page 5 of this syllabus for more information on the Leadership Project. Specifically, what will you practice with regards to leadership and how will you measure/determine success?

Additional Ungraded Assignment: Complete the 'Pre-Course Survey of Leadership Competencies'.

September 5 – Class #2

Topic: Power and Influence; Emotional Intelligence; Providing Feedback/Advice Positively **Reading/Watching Assignment** – to be read prior to class

- 1. Chapter 19 "Use Power Effectively to Influence People" by Gary Yukl; from the Handbook of Principles of Organizational Behavior, edited by Edwin A. Locke, (pages 349-365)
- 2. "Emotional Intelligence & Leadership" by Er. Vipin Mittal & Dr. Ekta Sindhu
- 3. Chapter 4 "How to Deliver Negative Feedback Positively"; from Practicing Positive Leadership, by Kim Cameron, (pages 79-98)

Self-Reflection Journal Entry #2 is due prior to class; please respond to BOTH prompts:

- 1. Describe a successful attempt to influence you by a supervisor/manager, co-worker, or team-member and identify the specific influence tactics used by that person. Then describe an unsuccessful attempt by the same person or someone else in the organization to influence you, and identify the tactics used by the person. Analyze the reasons for the success or failure of these two influence attempts. Consider the agent's position and personal power, the relevance of the tactics for the situation, and your initial attitudes about the objective of the influence attempt. (This is from Chapter 19 "Use Power Effectively to Influence People" by Gary Yukl; from the Handbook of Principles of Organizational Behavior, edited by Edwin A. Locke, page
- 2. Write about an influence attempt that you need to make or would like to make in the near future. Plan an appropriate influence strategy, taking into account your power bases, the agent-target relationship, the target's attitudes about the influence objective, and your knowledge and influence skills. Select some specific influence tactics that would be appropriate for this influence attempt and consider the best way to sequence them. Also consider other approaches and influence tactics you might employ if your initial effort is unsuccessful. In class, we will break into small groups in order to share influence attempts and offer Syllabus for Course #94-854/94-454

advice to each other. (This is from Chapter 19 "Use Power Effectively to Influence People" by Gary Yukl; from the Handbook of Principles of Organizational Behavior, edited by Edwin A. Locke, page 365)

September 12 – Class #3

Topic: Grit; Impact Subordinates have on Leaders

Reading/Watching Assignment – to be read prior to class

- 1. Take the 'grit test' at this website: https://angeladuckworth.com/grit-scale/ Bring your results to class; the results of the 'grit test' do not need to be submitted in your journal entry.
- 2. AFTER you have taken the 'grit test' above, read the book *Grit* by Angela Duckworth. If you do not wish to the purchase *Grit*, the book is available electronically and in hard copy at the CMU library.

Self-Reflection Journal Entry #3 is due prior to class:

- 1. Per Angela Duckworth, 'grit is passion and perseverance for long-term goals.' Describe one experience in your life when you persevered, when you were 'gritty'?
 - How did you feel at the time?
 - What resources did you call upon to help you cope with the situation?
 - How did you resolve the issue/situation?
 - What did lessons did you learn; what insights did you gain?
- 2. Using the 'goal hierarchy' framework presented in Chapter 4 (this is the section immediately following the grit test and continues through to the end of Chapter 4), draw a goal hierarchy for yourself. Please use the circle chart/diagram format illustrated in the book as this helps you visualize linkages and dependencies; scan your goal chart and attach it as part of your Journal Entry. Please bring your chart to class as well. Here are some tips to help with your goal charts:
 - Think of your goal chart in four levels (with years to achieve in parentheses below):
 - 1) top-level (lifetime)
 - 2) higher mid-level (5-20 years)
 - 3) lower mid-level (1-5 years)
 - 4) low-level (<1 year)
 - You might have one 'top-level' goal for work and one top-level goal for family/friends/community. Your top-level goals are what you work on your entire life.
 - The 'higher mid-level' goals (just below the top-level goals) are major pillars of your top-level goals. These goals typically take 5-20 years to achieve.
 - The 'lower mid-level' goals lead to the higher mid-level goals and typically take 1-5 years to achieve.
 - Some students identify lots of 'low-level goals', which tend to be achievable within 6-12 months. Make sure you also include plenty of 'higher mid-level' and 'lower mid-level' goals in your goal charts
 - Typically, many students struggle with top-level goals. Try to ask 'Why' for top-level goals until the answer is 'just because', as Duckworth recommends in her book. Many of you might not be able to identify clear top-level goals; you might not yet be able to look that far out in your life. That's OK; just do the best you can.

<u>September 19 – Class #4</u>

Topic: Values-Based Leadership; Ethics; Instilling Hope

Guest Speaker: Bill O'Rourke. Bill held numerous executive positions at Alcoa, including CIO, Vice President of Environment, Health and Safety, and Sustainability, and President of Alcoa Russia

Reading/Watching Assignment – to be read prior to class

1. "A Framework for Thinking Ethically" at: https://www.scu.edu/ethics/ethics-resources/a-framework-for-ethical-decision-making/

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- 2. Chapter 21 "Foster Trust through Ability, Benevolence and Integrity" by Jason A. Colquitt and Sabrina C. Salam; from the *Handbook of Principles of Organizational Behavior*, edited by Edwin A. Locke (pages 389-403)
- 3. Bill O'Rourke's bio

Self-Reflection Journal Entry: None

September 26 – Class #5

Topic: Moral Challenges; Leadership Projects

Reading/Watching Assignment – to be read prior to class

- 1. Watch a video produced by Bill O'Rourke's alma mater, John Carroll University, on his experiences as interim Executive Director at Tree of Life Synagogue: https://www.youtube.com/watch?v=lQ0qlD5ybhU
- 2. In class, we will discuss your 'Leadership Projects'. Consider challenges you are having currently or expect to have with your project. Come to class prepared to share the challenge with the class. Your classmates and the professor will offer feedback to help you better handle this challenge. You are NOT required to write about this in your journal entry; this is for class discussion only.
- 3. 'Career, Life and Leadership Panel Bios'

Self-Reflection Journal Entry #4:

Reflect on one instance when you failed to rise to a moral challenge; in other words, consider a moral issue you faced that as you look back, you wish you would have handled it differently. What were the circumstances? What pressures did you feel? Why did you behave the way you did? What do you wish you would have done differently? Please be prepared to share your moral challenge with one or two other students in class. If you aren't comfortable sharing the dilemma you wrote about, please think of another one you can share with one or two other students in class.

Additional Ungraded Assignment: Complete the 'Career, Life and Leadership Panel Questions' Assignment in Canvas.

October 3 – Class #6

Topic: Panel on Career, Life and Leadership **Reading/Watching Assignment - None**

Self-Reflection Journal Entry #5 is due prior to class:

Consider a leader with whom – or for whom – you have worked (this could be a leader you worked with/for at work as an employee, at work as an intern, at school as a student, etc.):

- Describe the workplace values the leader espoused the values can be positive or negative.
- Examine how the leader embedded and transmitted these values in the workplace and how effective they were at doing so.
- Discuss the overall effectiveness of the workplace, i.e. did the organization embrace the values and fully achieve its goals?
- Describe how you felt working for this leader. One way to think about this is: what emotions did you feel for this leader?
- Did colleagues/co-workers feel the same way about this leader? If so, why; if not, why not?

October 10 – Class #7

Topic: Various Leadership Topics; Course Wrap- up

Reading/Watching Assignment – to be read prior to class

1. 'Five Resolutions for Aspiring Leaders' at: http://blogs.hbr.org/cs/2011/12/five_resolutions_for_aspiring.html

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- 2. '8 Core Beliefs of Extraordinary Bosses' at: http://www.inc.com/geoffrey-james/8-core-beliefs-of-extraordinary-bosses.html
- 3. "William Crawford WWII"

Additional Ungraded Assignment: Please complete the 'Last class topics and panel feedback' assignment on Canvas. Please respond to all prompts:

- 1. What leadership goals did you pursue in the course? What did you want to learn about, to become better at?
- 2. What did you learn relative to these goals? What work remains unfinished in order for you to reach these leadership goals?
- 3. We will have some time in our last class to revisit issues you would like to dig more deeply into, to discuss topics from readings or guests that you would like to discuss in more detail. AND we can discuss other leadership topics of interest we haven't had a chance to address at all. Are there some topics you would like to discuss in our last class? What big questions about leadership do you still have?
- 4. Please provided some feedback on the 'Career, Life and Leadership Panel' discussion. What did the panelists and I (the moderator) do well? What should the panelists and I do differently/better? Was it OK that I asked many of the questions, or would you have preferred I let you (the students) ask the questions? Any and all advice is greatly appreciated!

October 15 – No Class

- 1. Final Paper is due by midnight.
- 2. Please complete the 'Course Content Evaluation Leadership' form, which you received at the beginning of the course, and submit as an assignment via Canvas. I value your feedback so please take the time to complete this carefully.
- 3. Complete the 'Post-Course Survey of Leadership Competencies' and submit as an assignment via Canvas.

Optional Readings

These are excellent books; and although they are not required, I highly recommend them:

- 1. "What We Know About Leadership" by Robert Hogan and Robert B. Kaiser. This article is in the *Review of General Psychology*, Vol. 9, No. 2, pp. 169-180, 2005. It is available to the CMU community at https://journals.sagepub.com/doi/10.1037/1089-2680.9.2.169 under the 'Access Options' section, click on 'Access through Carnegie Mellon University.'
- 2. The Business Ethics Field Guide by Aaron Miller, Bill O'Rourke and Brad Agle.
- 3. *On Becoming a Leader* by Warren Bennis. Bennis was University Professor and Distinguished Professor of Business Administration at the University of Southern California. He was widely regarded as a pioneer in the field of contemporary Leadership studies.
- 4. *The Five Dysfunctions of a Team: A Leadership Fable* by Patrick Lencioni. This book will be especially useful on your Leadership Projects.
- 5. The Power of Habit: Why We Do What We Do in Life and Business by Charles Duhigg. Humans are creatures of habit. Learning how habits form is essential both for creating good habits and for eliminating bad habits.
- 6. *Outliers* by Malcolm Gladwell and *Freakonomics* by Steven Levitt and Stephen Dubner. Both books describe and analyze societal phenomena in engaging and unique ways.